

FOOD ASSISTANCE RESOURCE GUIDE

FOOD PANTRIES

OPEN TO ALL

No proof of income or
residency status required.

- All agencies that distribute TEFAP/ USDA food must distribute food to CT residents regardless of city or neighborhood.
- Individuals will be asked to verbally attest to eligibility requirements.

Believe in Me Empowerment
425-427 Dixwell Ave.
203-772-2771
1st Tues, 11am-1pm for
emergency walk-up
3rd Thurs, 4pm-6pm

Bethel AME Church
255 Goffe St.
203-915-2947
3rd Sat of month, 10am-12pm
4th Wed of month, 12pm-2pm

 **Beulah Heights Church - Helping Hand Food Pantry**
782 Orchard St.
203-745-3589
2nd Tues, 3pm-5:30pm
4th Tues, 11am-1pm

 **Cathedral of Higher Praise Church**
155 Grand Ave.
203-776-7676
2nd & 4th Sat, 9am-11am

Centro San Jose
290 Grand Ave.
203-777-6771
Last Friday of month, 9am-12pm

 **Christian Community Action**
168 Davenport Ave.
203-777-7848
Monday-Friday 9am-5pm

Christian Love Center Church-West River Community Food Pantry
154 Derby Ave.
203-752-1644
2nd & 4th Thursday, 4pm-6pm

Community Baptist Church
143 Shelton Ave.
203-562-7060
3rd Sat of month,
11am-12:30pm

Community Builders - Kensington Square 1 & 2
1333 Chapel St.
203-777-6612
2nd & 4th Thursday, 1-3pm

 **Downtown Evening Soup Kitchen (DESK)**
57 Olive St.
203-624-6426
1:30pm-3pm

Door of Salvation Church
3 Arch St.
203-691-5608
Closed Permanently

Ed Leduc Memorial Food Pantry - A Place to Nourish Your Health
1302 Chapel St.
203-624-0947
1st & 3rd Thurs, 10am-3pm

Glorified Deliverance Church
604 Dixwell Ave.
203-314-1440
1st, 2nd, and 4th Sat of month
11am-1pm

Iglesia Jehovah Rohi
577 Howard Ave.
203-605-8060
1st and 3rd Sat of month,
11am-12pm

Immanuel Missionary Baptist Church
1324 Chapel St.
203-777-8744
4th Sat of month, 8am-9:30am.
Emergency bags 4th Sunday of
month, 12:30pm-1:30pm

Integrated Refugee & Immigrant Services (IRIS)
75 Hamilton St.
203-562-2095
Wed, 8:30am-11am

Jewish Family Services
1440 Whalley Ave.
203-397-0796
Wed & Thurs, 9am-12pm
By appointment only

 **Keefe Community Center**
11 Pine St.
Hamden, CT 06514
203-562-5129
Mon & Thurs, 11am-2pm,
Tues 1pm-4pm, Wed &
Fri, 9am-11am

Liberty Educational Service Center
44 Eastern St.
203-691-9494,
203-606-1905
2nd & 4th Sat, 1pm-3pm. Must
call Friday after 2pm to make
appointment


 **Loaves & Fishes**
57 Olive St.
203-562-2691
Sat, 8:30am-10:30am

Maranatha Life Changing Ministries COGIC - Newhallville Substation
596 Winchester Ave.
203-440-6774
2nd and 4th Tues, 3pm-5pm

Mount Hope Recovery Center
565 Dixwell Ave.
203-785-0656
2nd & 4th Fri, 5pm-6pm
Must be signed in by 5pm

New Flame Restoration
1375 State St.
203-843-8831
Thurs, 3:00pm until food
runs out

New Haven Church of Christ
16 Gem St.
203-777-2992
2nd Sat, 12pm-1pm
Emergency food bags Tues by
appointment

 **New Haven Inner City Enrichment (NICE) - Hill Substation**
410 Howard Ave.
203-479-0056
Last Sat of month, 11am-1pm
2nd Thurs of the month 1pm-2pm

New Haven Pride Center
50 Orange St.
203-387-2252
Mon & Fri 11am-4pm
Tues & Thurs 11am-1pm

Olive Street Pantry
57 Olive St.
203-624-6426
Wed, 1:30pm-3pm


Omega SDA Church Community Service
278 Winthrop Ave.
203-865-3500
1st & 3rd Sunday, 12pm-1:30pm


Salvation Army - New Haven
450 George St.
203-624-9891
Mon, Wed, Fri, 9am-12pm

Second Star of Jacob Church
185 Chapel St.
203-776-9603 (call 9am-1pm)
Last two Thurs of month,
10am-12pm

St. Luke's Church
111 Whalley Ave.
203-865-0141, ext. 101
Temporarily closed July-Aug


St. Matthew's Church
388 Dixwell Ave.
203-777-0472
2nd and 4th Sat of month
8am-9am

 **Upon This Rock Ministries - Dwight Substation**
130 Edgewood Ave.
203-387-1215
3rd Sat of month, 9am-12pm,
4th Sat of month, 9am-12pm

 **Varick AME Zion Church**
242-246 Dixwell Ave.
203-624-6245
1st Sat of month, 10am-12pm
Weds 10am-12pm to go bags

Vertical Church - Fair Haven Substation
295 Blatchley Ave.
203-934-9673 ext. 111
3rd Sat of month, 9am-11am

Walk of Faith Church
104 Fairmont Ave.
203-469-5134
Wed, 12pm-1pm
Attendees can arrive
9:30am to register

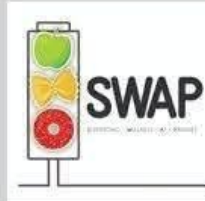
 **Women of the Village - Dixwell Substation**
26 Charles St.
203-675-9437, 203-376-2790
Tues, 1pm-2pm, Fri, 12pm-1pm

Connecticut Food Bank Mobile Pantry

Pantry times vary by location and include morning, afternoon, and evening times to accommodate as many schedules as possible. Check the schedule at:

<https://mobilefoodpantry.ctfoodshare.org/>

For additional resources,
please dial: 2-1-1



Supporting Wellness (SWAP)

The SWAP logo appears next to pantries that implement SWAP at their location.

Please call ahead to confirm hours.