

## FOOD ASSISTANCE RESOURCE GUIDE

### FOOD PANTRIES

#### OPEN TO ALL

No proof of income or residency status required.

- All agencies that distribute TEFAP/ USDA food must distribute food to CT residents regardless of city or neighborhood.
- Individuals will be asked to verbally attest to eligibility requirements.

**Believe in Me Empowerment**  
425-427 Dixwell Ave.  
203-772-2771  
1st Tues, 11am-1pm for emergency walk-up  
3rd Thurs, 4pm-6pm

**Bethel AME Church**  
255 Goffe St.  
203-915-2947  
3rd Sat of month, 10am-12pm  
4th Wed of month, 12pm-2pm

**Beulah Heights Church - Helping Hand Food Pantry**  
782 Orchard St.  
203-745-3589  
2nd Tues, 3pm-5:30pm  
4th Tues, 11am-1pm

**Cathedral of Higher Praise Church**  
155 Grand Ave.  
203-776-7676  
2nd & 4th Sat, 9am-11am

**Centro San Jose**  
290 Grand Ave.  
203-777-6771  
Last Friday of month, 9am-12pm

**Christian Community Action**  
168 Davenport Ave.  
203-777-7848  
Monday-Friday 9am-5pm

**Christian Love Center Church-West River Community Food Pantry**  
154 Derby Ave.  
203-752-1644  
2nd & 4th Thursday, 4pm-6pm

**Community Baptist Church**  
143 Shelton Ave.  
203-562-7060  
3rd Sat of month, 11am-12:30pm

**Community Builders - Kensington Square 1 & 2**  
1333 Chapel St.  
203-777-6612  
2nd & 4th Thursday, 1-3pm

**Downtown Evening Soup Kitchen (DESK)**  
57 Olive St.  
203-624-6426  
1:30pm-3pm

**Door of Salvation Church**  
3 Arch St.  
203-691-5608  
Closed Permanently

**Ed Leduc Memorial Food Pantry - A Place to Nourish Your Health**  
1302 Chapel St.  
203-624-0947  
1st & 3rd Thurs, 10am-3pm

**Glorified Deliverance Church**  
604 Dixwell Ave.  
203-314-1440  
1st, 2nd, and 4th Sat of month 11am-1pm

**Iglesia Jehovah Rohi**  
577 Howard Ave.  
203-605-8060  
1st and 3rd Sat of month, 11am-12pm

**Immanuel Missionary Baptist Church**  
1324 Chapel St.  
203-777-8744  
4th Sat of month, 8am-9:30am.  
Emergency bags 4<sup>th</sup> Sunday of month, 12:30pm-1:30pm

**Integrated Refugee & Immigrant Services (IRIS)**  
75 Hamilton St.  
203-562-2095  
Wed, 8:30am-11am

**Jewish Family Services**  
1440 Whalley Ave.  
203-397-0796  
Wed & Thurs, 9am-12pm  
By appointment only

**Keefe Community Center**  
11 Pine St.  
Hamden, CT 06514  
203-562-5129  
Mon & Thurs, 11am-2pm,  
Tues 1pm-4pm, Wed & Fri, 9am-11am

**Liberty Educational Service Center**  
44 Eastern St.  
203-691-9494,  
203-606-1905  
2nd & 4th Sat, 1pm-3pm. Must call Friday after 2pm to make appointment

**Loaves & Fishes**  
57 Olive St.  
203-562-2691  
Sat, 8:30am-10:30am

**Maranatha Life Changing Ministries COGIC - Newhallville Substation**  
596 Winchester Ave.  
203-440-6774  
2nd and 4th Tues, 3pm-5pm

**Mount Hope Recovery Center**  
565 Dixwell Ave.  
203-785-0656  
2nd & 4th Fri, 5pm-6pm  
Must be signed in by 5pm

**New Flame Restoration**  
1375 State St.  
203-843-8831  
Thurs, 3:00pm until food runs out

**New Haven Church of Christ**  
16 Gem St.  
203-777-2992  
2nd Sat, 12pm-1pm  
Emergency food bags Tues by appointment

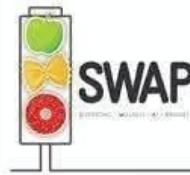
**New Haven Inner City Enrichment (NICE) - Hill Substation**  
410 Howard Ave.  
203-479-0056  
Last Sat of month, 11am-1pm  
2nd Thurs of the month 1pm-2pm

**New Haven Pride Center**  
50 Orange St.  
203-387-2252  
Mon & Fri 11am-4pm  
Tues & Thurs 11am-1pm

**Olive Street Pantry**  
57 Olive St.  
203-624-6426  
Wed, 1:30pm-3pm

**Omega SDA Church Community Service**  
278 Winthrop Ave.  
203-865-3500  
1st & 3rd Sunday, 12pm-1:30pm

**Salvation Army - New Haven**  
450 George St.  
203-624-9891  
Mon, Wed, Fri, 9am-12pm



### Supporting Wellness (SWAP)

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The SWAP logo appears next to pantries that implement SWAP at their location.

Please call ahead to confirm hours.

**Second Star of Jacob Church**  
185 Chapel St.  
203-776-9603 (call 9am-1pm)  
Last two Thurs of month, 10am-12pm

**St. Luke's Church**  
111 Whalley Ave.  
203-865-0141, ext. 101  
Temporarily closed July-Aug

**St. Matthew's Church**  
388 Dixwell Ave.  
203-777-0472  
2nd and 4th Sat of month 8am-9am

**Upon This Rock Ministries - Dwight Substation**  
130 Edgewood Ave.  
203-387-1215  
3rd Sat of month, 9am-12pm  
4<sup>th</sup> Sat of month, 9am-12pm

**Varick AME Zion Church**  
242-246 Dixwell Ave.  
203-624-6245  
1st Sat of month, 10am-12pm  
Weds 10am-12pm to go bags

**Vertical Church - Fair Haven Substation**  
295 Blatchley Ave.  
203-934-9673 ext. 111  
3rd Sat of month, 9am-11am

**Walk of Faith Church**  
104 Fairmont Ave.  
203-469-5134  
Wed, 12pm-1pm  
Attendees can arrive 9:30am to register

**Women of the Village - Dixwell Substation**  
26 Charles St.  
203-675-9437, 203-376-2790  
Tues, 1pm-2pm, Fri, 12pm-1pm

**Connecticut Food Bank Mobile Pantry**  
Pantry times vary by location and include morning, afternoon, and evening times to accommodate as many schedules as possible. Check the schedule at: <https://mobilefoodpantry.ctfoodshare.org/>

For additional resources, please dial: 2-1-1