



Norwalk Community Connection

Keeping Providers Informed, Connected, and Empowered

December 5, 2025

The next call will be Friday-December 19, 2025 at 8:30am-10am via Zoom Meeting.

[Community Services: "Resources, Support, and Opportunities in Your City." | Norwalk, CT - Official Website](#)

Working Together to Serve Norwalk—Here's What's New.

Thank you for all you do to support and serve our community. This bi-weekly update compiles important resources, announcements, and information shared during our **Community Provider Call**, along with contributions from providers like you.

Our goal is to keep you ***informed, connected, and empowered***

ensuring we have the tools and knowledge to best serve Norwalk residents.

If you have questions or want to receive this newsletter directly, please email Jazmin Principe at jprincipe@norwalkct.gov.

Lamond Daniels, LCSW, MPA

Chief of Community Services



NORWALK HEALTH DEPARTMENT

[137 East Avenue, Norwalk, CT 06851](#)

[Theresa Argondezzi](#), Assistant Director of Health,
Community Health; TArgondezzi@norwalkct.gov

[Brian Weeks](#), Epidemiologist; BWeeks@norwalkct.gov

- CDC info on respiratory illnesses: [Respiratory Illnesses | Respiratory Illnesses | CDC](#)
- Norwalk Health provides a friendly, welcoming environment where everyone ages 3+ can feel comfortable getting their flu vaccine.
- Appointments are required for each flu clinic. Most insurances are accepted.

Learn more & register at www.norwalkct.gov/flu - Questions? Call our Vaccine Assistance Line at 203-854-7985.

- Norwalk Food Guide: www.norwalkct.gov
- [Snow Center and Cold Weather Resources | Norwalk, CT - Official Website](#)
- [Mayor Rilling Activates Warming Centers through Tuesday, December 9 at Noon, as Temperatures Drop • City of Norwalk](#)
- [Travel & Adult Immunizations | Norwalk, CT - Official Website](#)
- [The Norwalk Health Department Recognizes World AIDS Day • City of Norwalk](#)
- Open Enrollment: <https://www.accesshealthct.com/annual-open-enrollment/>

Enrollment Checklist: [39792-AHCT_Enrollment Checklist_8.5x11_Eng_f.indd](#)

Information about Immigration Status: <https://www.accesshealthct.com/immigration-status/>

All Enrollment Events (1-on-1 help): <https://www.accesshealthct.com/enrollment-events/>

Respiratory Virus Guidance Snapshot



Core Prevention Strategies

Immunizations



Hygiene



Steps for Cleaner Air



Treatment



Stay Home and Prevent Spread



Additional Prevention Strategies

Masks



Distancing



Tests



Layering prevention strategies can be especially helpful when:

- ✓ Respiratory viruses are causing a lot of illness in your community
- ✓ You or those around you have risk factors for severe illness
- ✓ You or those around you were recently exposed, are sick, or are recovering

*Stay home and away from others until



and



Your symptoms are getting better

You are fever-free (without meds)

for 24 hrs



Then take added precaution for the next 5 days



140006-C

Community Police Annual Kid's Christmas Party

Date: December 13, 2025
Location: 1 Meadow St. Ext. SONO S
 (NEW SONO SCHOOL)
Time: 11 am – 2pm

- Santa Claus
- Xmas Gifts
- Magician
- Fun, Fun, Fun

Contact: Ofc. Max Sixto
Cell: 475-283-6552
Office: 203-854-3005

<https://www.paypal.com/ncp/payment/CPER5ZLZY5NL8>

BE A HOLIDAY HERO FOR NORWALK FAMILIES!

"Sponsor a Family's Meal and Gifts This Season of Giving."



Join the Norwalk Mutual Aid (NMA) Holiday Drive!

Your donation helps provide Thanksgiving dinners and Christmas gifts for families right here in Norwalk.

HOW YOU CAN HELP:

- Sponsor a Thanksgiving Box:** \$12 provides one full holiday meal
- Sponsor a Family for Christmas:** \$50 provides dinner and a gift for a family
- Share & Support.** Spread the word — encourage friends, coworkers, or community groups to join in
- Donations accepted through December 20th
- 100% of contributions go directly to Norwalk families in need.



venmo



PayPal

Neighbors Helping Neighbors.
Together, we make the holidays brighter. +

Senate Majority Leader - Bob Duff

Bob.Duff@cga.ct.gov For Latest News on : <http://www.senatedems.ct.gov/duff-news#sthash.RoVqmAPG.dpbs>

Jack Sullivan Legislative Aide to Senator Bob Duff [203-840-1333](tel:203-840-1333) Jack.Sullivan@cga.ct.gov

Or sign up for email campaign at: <https://us7.campaign-archive.com/home/?u=d71bd19fdb20f487488c3f4b&id=299b7201d4>

Ahead of being sworn in as Mayor in January, Mayor-elect Barbara Smyth is inviting the community to attend one of two listening sessions.

Community Listening sessions:

Wednesday, December 10 at 6:00 PM in the Community Room at Norwalk City Hall.

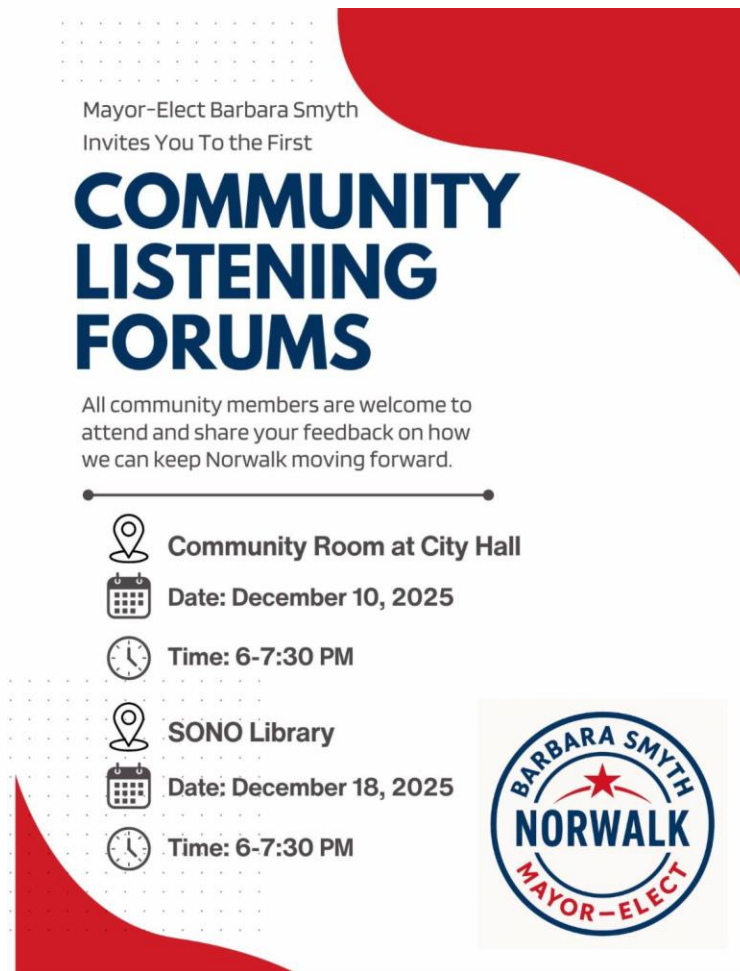
Thursday, December 18 at 6:00 PM at the South Norwalk Branch Library.

These listening sessions will be centered around key issues that were brought up during the campaign.

The Topics Include:

- Housing, Affordability & Community Development
- Education, Schools & Budget Accountability
- Traffic, Transportation & Infrastructure
- Economic Vibrancy, Local Business & Workforce
- Neighborhoods & Quality of Life
- Environment & Coastal Resilience
- Human Services, Mental Health & Social Support

The public can engage at any table and move around the room discussing the areas that matter most to them. Each table will have at least one member of Mayor-Elect Smyth's transition team to facilitate discussions and take notes.



Mayor-Elect Barbara Smyth
Invites You To the First

COMMUNITY LISTENING FORUMS

All community members are welcome to attend and share your feedback on how we can keep Norwalk moving forward.

 **Community Room at City Hall**

 **Date: December 10, 2025**

 **Time: 6-7:30 PM**

 **SONO Library**

 **Date: December 18, 2025**

 **Time: 6-7:30 PM**



NORWALK EARLY CHILDHOOD - [Early Childhood | Norwalk, CT - Official Website \(norwalkct.gov\)](https://www.norwalkct.gov/early-childhood)

We have openings in center-based and family childcare.

You can learn more about how to register your child in an early childhood program in Norwalk by contacting

Mary Oster, the City's Early Childhood Coordinator, at (203) 854-4148 or by email at MOster@norwalkct.gov



Immediate Childcare Openings for Infants, Toddlers and Preschoolers in Norwalk! **Licensed Family Child Care Programs**

A Hundred Acre Wood Preschool Enrichment Program-2 Orange St., 203.722.4366,
(full/time, toddlers-preschool)*

Busy Bumble Bee Childcare-1 Olmstead Pl, 203.899.0017/203.919.2731 (full time I/T/preschool)*

Friendly Family Child Care, LLC-12 Friendly Rd., 914.552.7225 (full time 6 months-5 years old)*

Family Home Childcare-8 Yankee Doodle Ct., 203.299.1869 (full time infants/toddlers)

Glowing Star Daycare-25 Fitch St., 203.952.5150 (full/part time 6 wk-5 years)* available October

Growing Minds Collective-2 Rampart Rd., 203.299.1869 (full/part time 12 mo.-5 yrs.)

Growing Minds Family Preschool-9 Silk St., 203.855.8987 (full time 2-5 years)

Kids and Me Daycare-45 Maple St., 3-D, 475.258.6127 (full/part time 6 mo. - 4 yr.)*

Lucy's Loving Hands Daycare-17 Harris St., 203.424.7097 (full/part time 8 wk- 5 yr, before and after school)

Miles of Smiles Childcare-29 Ivy Place, 203.550.4380 (full time, starting at 4 mo./after school)*

Mommy's Daycare-45 Dry Hill Rd., 203.570.9734 (full time, I/T preschool)*

Otter Tots Play and Learn-11 Carol Dr., 203.856.9841 (full time and part time, infants/toddlers)*

Pam's Daycare-30 Day St., Bldg. C, 203.508.4401 (full/part time infants)*

Shining Stars Daycare-7 Gordon St., 203.219.0507 (full time 18 mo.-3 years)

Tender Love and Care-41 Wolfpit Ave., 646.586.6080 (full time 6 weeks-5 years)*

Terry's Daycare-1 Tod Rd., 203.293.5915 (full/part time infant/toddler)

The Children's Home Daycare-5 Richelieu St., 203.293.5791 (full/part time I/T/preschool)*

*Accepts Care4Kids

If you have any questions about early care and education in Norwalk, please contact Mary Oster/Early Childhood Coordinator, City of Norwalk, moster@norwalkct.gov or 203.854.4148
12/25



Immediate Childcare Openings for Infants, Toddlers and Preschoolers in Norwalk! **Center-based Programs**

Bright Beginnings-517 Westport Ave., 203.939.1700 (full/part time infants/toddlers/preschool)*

CT State Community College Norwalk Child Development Lab School-188 Richards Ave.,
203.857.6804 (full/part time infants/toddlers/preschool)/**

Happy Time Nursery School-260 New Canaan Ave, 203.847.9566 (full/part time infants, toddler,
3s, 4s, preschool)*

Nitzan Nursery School-109 East Ave, 203.838.6019 (part time, 9:15-noon, 1:00 or 2:00/2s, 3s/4s)*

Odyssey Early Learning Center-244 East Ave, 475.215.6100 (full time infant/toddler)*

Room to Grow Preschool-208 East Ave, 203.831.8200 (full time preschool)/**

The Marvin Children's Center-60 Gregory Blvd., 203.854.6781 (full time preschool)/**

The Children's Playhouse-112 Bouton St., 203.855.9440 (full time preschool, 3s and 4s)/**

The Children's Playhouse Too-31 West Ave., 203.855.0551 (full time preschool, 3s and 4s)/**

Tutor Time-466 Main Ave., 203.846.6046 (full time toddlers, 2s, preschool, PreK)*

Watch Me Grow-60 East Ave., 203.457.6578 (full/part time, infants, toddler preschool)*

*Accepts Care4Kids

**Tuition is on a sliding fee scale based on family size and income

If you have any questions about early care and education in Norwalk, please contact Mary Oster
Early Childhood Coordinator, City of Norwalk, moster@norwalkct.gov or 203.854.4148

12/25

FAIR RENT

Carlos Duque, Fair Rent Coordinator

CDuque@Norwalkct.gov; Office: (203) 854-7987

<https://www.norwalkct.gov/386/Fair-Rent>

Cómo obtener ayuda de la asistencia legal

Comuníquese con Statewide Legal Services

www.slsct.org
1-800-453-3320 or 860-344-0380

Statewide Legal Services (SLS) proporciona asesoramiento legal gratuito a personas de bajos ingresos con problemas legales en Connecticut. Para ciertos casos, es posible que lo refieran a otro programa de ayuda legal o a un abogado voluntario.



¿Tiene un problema de vivienda?

Si está enfrentando un desalojo o la pérdida de su subsidio de vivienda, es posible que tenga derecho a un abogado gratuito. Llame al 1-800-559-1565 o visite www.EvictionHelpCT.org.

Póngase en contacto con su oficina local de asistencia legal:

Connecticut Legal Services
www.ctlegal.org

Bridgeport
203-336-3851
1000 Lafayette Blvd.

Stamford
203-348-9216
1177 Summer St.

New Britain
860-225-8678
16 Main St.

Waterbury
203-756-8074
85 Central Ave.

New London
860-447-0323
125 Eugene O'Neill Dr.

Willimantic
860-456-1761
1125 Main St.

Greater Hartford Legal Aid
www.ghla.org
999 Asylum Ave., Hartford
860-541-5000

New Haven Legal Assistance Association
www.nhlegal.org
205 Orange St., New Haven
203-946-4811

Consumer Law Project for Elders
1-800-296-1467
Ayuda con problemas de dinero y deudas para personas mayores de 60 años.

¿Conoce sus derechos?

Visite www.AyudaLegalCT.org para obtener información legal gratuita.



For more information, go to www.CTLaw.Help/derechos-inquilinos

Este folleto fue producido por Connecticut Legal Services, Greater Hartford Legal Aid, New Haven Legal Assistance Association, y Statewide Legal Services de Connecticut. La información de este folleto se basa en las leyes de Connecticut al 7/2025. Esperamos que esta información le resulte útil. No pretende ser asesoramiento legal. Si necesita consejo para su situación, llame a Statewide Legal Services o póngase en contacto con un abogado.

YOUTH SERVICES

Care Coordination Services

Care Coordination focuses on behavioral / mental health needs and referrals to appropriate services. In addition, referrals may also be offered for mentorship, youth development and other programs.

If you wish to make a referral for care coordination services (behavioral health assessment and link to community providers and services), please click on the link below:

[Submit a Referral](#)

SERVICES DEFINED

Care Coordination Services are available to youth, ages 11-18, and their families who reside in Norwalk. Referrals for care coordination come from various sources, including:

- [Connecticut Department of Children and Families\(DCF\)](#)
- Juvenile Review Board
- Various other agencies
- The general community

Care Coordination Services consists of an initial assessment of needs, generally conducted in person or virtually via a platform such as zoom. Although behavioral health (counseling/therapy) needs are a primary focus, other needs which a youth and family may require or benefit are also assessed. These might include mentorship, a youth development program, a Parks & Recreation program, or social services needs addressed via the City's family navigator program. A care plan is then developed with the family and appropriate referrals and linkages are facilitated. The care coordinator works to ensure services connections happen so youth and families don't, "fall thru the cracks."

HOURS & POLICY

Our hours for care coordination services are flexible either during our regular office hours 8:30 am to 5:00 pm, or during early evenings per appointment. Families are asked to contact the Department directly to provide brief intake information and to schedule an initial intake /assessment session. A parent is required to attend an intake /assessment session with the referred youth and must sign a consent form for service connections to be provided. Youth may be seen alone without parental consent under some circumstances.

STAFF QUALIFICATIONS

Department care coordinators are clinicians who hold master's degrees in social work, counseling, or family therapy.

For more information, contact our office at 203.854.7785

<https://www.departmentofnorwalkyouthservices.com/>



Soraya Principe

Senior Services Umbrella Supervisor

Family & Children's Agency (FCA)

[9 Mott Avenue, Suite 109 - Norwalk, CT 06850](#)

(203) 523-5724 (Direct) - (203) 831-2900 (Main) - (203) 831-2904 (Fax)



First Congregational Church of Norwalk

DINNER FOR A DOLLAR

PICK UP FOR YOURSELF OR OTHERS IN NEED



Simple and healthy meals for anyone needing a little help during the holidays

FRIDAYS 6:00 p.m. - 7:00 p.m.
NOV. 21; DEC. 5; DEC. 19



Drop by the church entrance on Lewis Street and pay what you can, starting at \$1.

QUESTIONS? (203) 847-9551 & INFO@NORWALKFIRST.ORG

First Congregational Church of Norwalk
 3 Lewis Street, Norwalk CT 06851

FREE COMMUNITY MEAL

EVERY WEDNESDAY

6:00PM - 7:30PM

SHILOH BAPTIST CHURCH

68 VAN ZANT STREET NORWALK, CT



COME JOIN US FOR A FREE MEAL AS WE HELP TO FEED THOSE IN NEED



Fresh Food for Everyone!

Visit the **community refrigerator** at **Norwalk CHC | 49 Day St., Norwalk**

*Please enter through the Dental entrance

Tuesdays & Thursdays | 1:00-3:00 PM

The refrigerator is filled with fresh food that is free and open to all!

Food is first come, first serve.



¡Comida Fresca Para Todos!

Visite la **nevera comunitaria** en **Norwalk CHC | 49 Day St., Norwalk**

*Por favor, utilice la entrada de Dental

Martes y Jueves | 1:00-3:00 PM

¡La nevera está llena de comida fresca y gratis para todos!

La comida se ofrece por orden de llegada.



MOBILE FOOD PANTRY



CatholicCharity
Providing HELP • Creating HOPE • Serving

Norwalk Family Cent

IN PARTNERSHIP WITH



Connecticut Foodshare

Please join us to receive nutritious food for your family!



NOVEMBER

Saturday, 11/8



DECEMBER

Saturday, 12/13



9:30 AM - 10:30 AM



Ben Franklin Preschool

Parking: 66 Bayview Ave, Norwalk



Please bring your own grocery bags



For more information on Mobile Pantry dates and to sign up for weather updates: Text FOODSHARE to 85511

www.ccfairfield.org

DESPENSA DE ALIMENTOS MÓVIL



CatholicCharity
Providing HELP • Creating HOPE • Serving

en asociación con el Centro Familiar d

IN PARTNERSHIP WITH



Connecticut Foodshare

¡Por favor acompañanos para recibir alimentos nutritivos para tu



NOVIEMBRE

Sábado, 11/8



DICIEMBRE

Sábado, 12/13



9:30 AM - 10:30 AM



Ben Franklin Preschool

Parking: 66 Bayview Ave, Norwalk



Por favor, traiga sus propias bolsas de compras.



Para obtener más información sobre las fechas de la Despensa Móvil y registrarse para recibir actualizaciones del clima: envíe un mensaje de texto con la palabra FOODSHARE al 85511.

www.ccfairfield.org

NORWALK MOBILE FOOD PANTRY SCHEDULE

6:30AM-9:00AM

EVERY SECOND SATURDAY OF THE MONTH

CADA SEGUNDO SABADO DEL MES

ST. LADISLAUS CHURCH PARKING LOT
6 SOUNDVIEW AVE. NORWALK, CT. 06854

1/10/2026	5/9/2026
2/14/2026	6/13/2026
3/14/2026	7/11/2026
4/11/2026	

FREE FRESH FOOD IS AVAILABLE TO BE PICKED UP FROM FILLING IN THE BLANKS' MOBILE FOOD PANTRY.



HAY COMIDA FRESCA Y GRATIS DISPONIBLE PARA RECOGER CUANDO VENGAN A LA DESPENSA DE ALIMENTOS DE FILLING IN THE BLANKS

(filling in the blanks)

FILLINGINTHEBLANKS.ORG
(203) 750-0019 / PAOLA ARANGO

NORWALK MOBILE FOOD PANTRY SCHEDULE

6:30AM-9:00AM

EVERY SECOND SATURDAY OF THE MONTH

CADA SEGUNDO SABADO DEL MES

ST. LADISLAUS CHURCH PARKING LOT
6 SOUNDVIEW AVE. NORWALK, CT. 06854

8/8/2026	 Fresh Food on the Move FIGHTING HUNGER ONE MEAL AT A TIME fillingintheblanks.org
9/12/2026	
10/10/2026	
11/14/2026	
12/?/2026	

FREE FRESH FOOD IS AVAILABLE TO BE PICKED UP FROM FILLING IN THE BLANKS' MOBILE FOOD PANTRY.

HAY COMIDA FRESCA Y GRATIS DISPONIBLE PARA RECOGER CUANDO VENGAN A LA DESPENSA DE ALIMENTOS DE FILLING IN THE BLANKS

(filling in the blanks)

FILLINGINTHEBLANKS.ORG
(203) 750-0019 / PAOLA ARANGO

Registration for all Norwalk ACTS Events can be found on this link. <https://i-sml.mtrbio.com/public/smartlink/norwalkacts>



December Quarterly Convening

**Tuesday, December 9, 2025
8:30 AM - 11 AM**

**Stepping Stones Museum
303 West Avenue, Norwalk**



Lunda Asmani
CFO, Norwalk Public Schools



Jared Schmitt
CFO, City of Norwalk

Join us for a presentation and panel discussion to demystify the City & School Budget Process

We will also introduce the Power of Civics, a self-paced course developed by the Office of the Secretary of the State



Jim Frayer
Norwalk City Council Member
Finance & Claims Committee Chair



Sheri McCreedy-Brown
Board of Education Member
Finance Committee Chair



RSVP Here



<https://bit.ly/Dec2025Convening>



Ed Abrams
Board of Estimate & Taxation Chair



Jennifer Barahona
Deputy Secretary of the State